

# WAA Workplace Wellness

Kim Bilcowski, CPHR  
Director of People & Culture  
June 12, 2019



WINNIPEG  
AIRPORTS AUTHORITY





**WINNIPEG  
AIRPORTS AUTHORITY**

## WINNIPEG AIRPORTS AUTHORITY GROUP OF COMPANIES

---

**WINNIPEG**  
**RICHARDSON**  
INTERNATIONAL AIRPORT

**AIRPORT CITY**  
**WINNIPEG**

**WASCO**  
WINNIPEG AIRPORT SERVICES CORP.



# VISION

To lead transportation innovation and growth

# MISSION

With our community, we provide excellent airport services and facilities in a fiscally prudent manner

# VALUES

Respect | Integrity | Service Excellence





# WINNIPEG RICHARDSON INTERNATIONAL AIRPORT **2018 BY THE NUMBERS**

**3.4 BILLION**

DOLLARS TOTAL ECONOMIC OUTPUT

**4.5 MILLION**

PASSENGERS

**5 YEARS**

CONSECUTIVE ANNUAL  
TRAFFIC GROWTH

**17,310**

TOTAL JOBS



# Workplace Wellness Our Journey - Our Story



# Journey to a Healthy Workplace

- Established a Wellness Committee
  - Holistic approach to workplace wellness
  - Wellness Wednesday
  - Working with external resources





# Journey to a Healthy Workplace

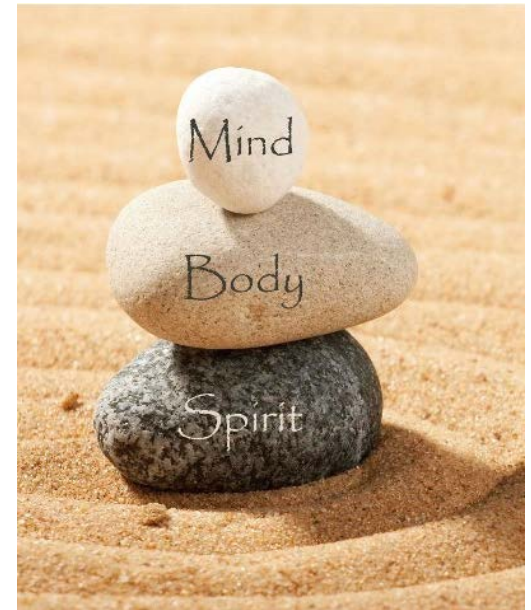
- Mental Health in the Workplace
  - Pre and post labour dispute
    - Stress Management
  - FMCS and ACHIEVE
    - Debriefing
    - Establishing a new relationship
  - Respectful Workplace Strategies
    - Training
    - Consultations
    - Discussions
    - UMC



# Healthy Minds at Work

## Redefining what this means:

- Position expectations and demands
- Security and safety
- Growth and development
- Challenged and engaged
- Valued and respected
- Work-life balance





# Workplace Wellness

## The Journey continues

The image is a composite graphic. On the left, a light blue map of North America is shown with numerous orange lines representing flight routes radiating from a central point in the United States to various cities across the continent and into Mexico. A large, solid dark blue circle is positioned in the upper left quadrant, partially overlapping the map. To the right of the circle, the text 'Workplace Wellness' is written in a large, dark blue, sans-serif font, with 'The Journey continues' in a slightly smaller font below it. The bottom half of the image features a photograph of a large airport terminal building with a prominent control tower, set against a clear blue sky with a few clouds. The foreground of the photo shows the tarmac with various ground service equipment.